

## Pregnancy

**Description:** Deciding what is best for you and your baby is a hard decision. It is important to consider all the options. Listed below are services and resources that offer support during pregnancy and the early months of your baby's life.

### List of Resources

NAME	CONTACT INFO	OTHER INFO
	<b>PRE-NATAL CARE</b>	
Healthy Start	Eligibility: 888-488-9161 To Apply: 888-665-9993 (Mass Health Enrollment Center)	Provides health insurance to pregnant, low-income uninsured women to promote prenatal care.
Good Start (MSPCC)	176 Main Street Southbridge Ma. 01550 508-764-1370	Home mentoring program for expectant parents > 20 years old or with a child under 3.
Early Intervention Partnership Program	486 Worcester Street Southbridge, MA 508-765-0292	Home visiting support for high risk pregnant women.
Health Awareness Family Planning Clinic	46 Oakes Ave. Southbridge Thursdays 508-765-5929 To make an appt call: 800-637-5466	Family planning, gynecological care and counseling. Free HIV testing for males & females.
Pregnant/Parenting Teen Program	5 Sigourney St. Oxford, MA Phone: 508-987-6078 52 Charlton St. Southbridge Phone: 508-764-1193	Pre-natal and parent support groups, advocacy, transportation services for those up to 23 years old.
Family Health Center Of Worcester	26 Queen St. Worcester Ma. 01610 508-860-7700	Family planning, gynecological care, and counseling.
Great Brook Valley Health Center	19 Tacoma St. Worcester, Ma. 01605 Phone: 800-853-2288	Comprehensive medical social services for expectant women.
Problem Pregnancy of Worcester Inc.	623-625 Lincoln St. Worcester Ma. 01605 Phone: 508-856-0700 <b>Helpline:</b> 888-310-7217	Offers free pregnancy testing, counseling, and resource assistance.

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Planned Parenthood League of Massachusetts	631 Lincoln St. Worcester, Ma. 01605 Phone: 1-508-854-3330 Phone: 1-800-258-4448	Offers pregnancy testing, HIV testing, counseling, gynecological care, and education.
Compassion Pregnancy Center	70 Highland Street Worcester, MA 01609 Phone: 508-438-0144 <b>Helpline:</b> 800-395-4357	Offers free, confidential resources, pregnancy testing, counseling, housing.
Visitation House	119 Endicott St. Worcester, MA 01610 Phone: 508-798-8002	Family style home for women 18+ years facing crisis pregnancies.
<b>ADOPTION</b>		
Lutheran Community Services of Southern New England Inc.	20 Hamilton St. Worcester, Ma. 01604 Phone: 800-890-4488	Counseling for pregnant women considering adoption. Free for birth mothers.
Catholic Charities	196 Mechanic St. Leominster, MA 01453 Phone: 978-840-0696	Adoption of infants and special needs youngsters. Sliding scale.
Adoption Resources	1430 Main St. Waltham, Ma 02451 Phone: 800-533-4346	Adoption counseling and planning services. No fee to birth mother.
Full Circle Adoptions	39 Main St. Northampton, Ma.01060 Phone: 888-452-3678	Adoption planning and counseling. Free to birth mothers.
Massachusetts Department of Children & Families (DCF), South Central Office	185 Church St. Whitinsville, Ma. 01588 Phone: 800-540-4799 Phone: 508-234-1000	Provide adoption planning at no cost to birth mother. There are no fees involved in adopting a child.
<b>Financial Assistance</b>		
Transitional Assistance	1 North St. Southbridge Ma. 01550 Phone: 508-765-2400	Financial and health insurance assistance for pregnant mothers and low income families.

\*Additional information and resources can be accessed through  
*Mass 2-1-1 Referral Line*, by dialing "211" or 877-211-6277 Monday – Friday from  
 8:00 am and 8:00 pm. TTY: 617-536-5872 Spanish Service available.

This Compendium of Resources Information Sheet is provided as a community service to patients and families by Harrington Memorial Hospital and the hospital's member physicians.  
 This fact sheet was updated March 2009. Website: [www.HarringtonHospital.org](http://www.HarringtonHospital.org)