

Parenting and Child Care

Description : Today's family faces many challenges, the following resources are supports that aid parents' to raise safe and healthy children. The common goal of the listed resources is to strengthen families.

List of Resources

| NAME | CONTACT INFO | OTHER INFO |
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| PARENTING | | |
| Healthy Families Program WCAC | WCAC 61 Pine Street Southbridge 508-909-0061 | Health and parenting education for first time parents age 20 and under. |
| Women, Infant, and Children (WIC) | 29 Pine St. Southbridge Phone: 508-765-0139 228 Main St. Webster Phone: 508-943-6183 | Food and nutrition supplement to pregnant women and low income families with children under age 5 and pregnant women. |
| Good Start MSPCC (Southbridge, Sturbridge, Charlton, Webster, Dudley) | 176 Main Street Southbridge MA 01550 Phone: 508-764-1370 1-800-442-3035 Worcester office | Education, support, and counseling services for expectant mothers older than 20 and parents with children birth to 3 years of age. |
| Catholic Charities Skills, Opportunities And Resources Program | 79 Elm St. Southbridge Ma. 01550 Phone: 508-765-5936 | Program for parenting and life skills training. No fee. Only for Tri-Community residents. |
| Pregnant/Parenting Teen Program | 5 Sigourney St. Oxford, MA Phone: 508-987-6078 52 Charlton St. Southbridge 508-764-1193 | Parent support groups, advocacy, transportation services for those up to 23 years old, assist in education completion. |
| G.B. Wells Human Services Center | 29 Pine Street Southbridge Ma. 01550 Phone: 508-765-9167 | Child, adult and family counseling. Sliding scale. Affiliate of Harrington Hospital. |
| Early Intervention Partnership Program Kennedy-Donovan Center | 486 Worcester Street Southbridge Ma. 01550 Phone: 508-765-0292 | Home visiting support for high risk pregnant and postpartum mothers and infants up to one year old. |
| Parent Stress Line | 24 hr Hotline: 1-800-632-8188 | |
| Parents Helping Parents | Phone: 1-800-882-1250 www.parentshelpingparents.org | Runs a statewide network of support groups for parents. A group meets weekly in Worcester. |

This Compendium of Resources Information Sheet is provided as a community service to patients and families by Harrington Memorial Hospital and the hospital's member physicians.
 This fact sheet was updated March 2009. Website: www.HarringtonHospital.org

Harrington Memorial Hospital Social Services Department
 Compendium of Resources Fact Sheet

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| Auburn Youth and Family Services | 21 Pheasant Ct. Auburn, MA Phone: 508-832-5707 | Offers extended day care, parent support groups, parenting classes, parent/child activity groups. |
| Comprehensive Family Services (YOU inc.) | 81 Plantation St. Worcester, Ma. 01604 Phone: 508-849-5600 Fax: 508-849-5617 | Family counseling, advocacy, and referral especially for families with adolescents. |
| CHILD CARE | | |
| Head Start | Southbridge: 508-765-9544 Webster: 508-987-0829 or 508-243-8247 | Family centered pre-school for low-income families. |
| Child Care Connection | 100 Grove St. Suite 102 Worcester, Ma. 01605 Phone: 1-800-278-1503 | Child care resource and referral services. |
| Child Care Resources | 799 W. Boylston Street Worcester, Ma 01608 Phone: 508-856-7930 | Referral to day care providers for parents enrolled in the Dept. of Transitional Assistance. |
| Charlton Child Care Provider's Assoc. | www.charltonchildcareproviders.com | Local providers offering child care services. Each program will vary so view the provider's page for all details, including contact info. |
| Guild of St. Agnes Child Care Center | 88 Masonic Home Road Charlton Ma. 01508 Phone: 508-434-2345 | Childcare program for children age 4 weeks to 5 years. Vouchers accepted. |
| Worcester Comprehensive Child Care Services | 160 Tacoma St. Worcester, Ma. 01605 Phone: 508-852-3792 | Childcare programs for kids age 1 month to 13 years. Sliding scale, DSS vouchers accepted. Transportation assistance for DSS cases. |
| Kids Unlimited | 35 Trolley Crossing Road Charlton, Ma. 01507 Phone: 1-800-422-6738 | Referral system to licensed private day care homes and subsidized day care. \$30 referral fee upon acceptance. |

*Additional information and resources can be accessed through
Mass 2-1-1 Referral Line, a 24 hour service, by dialing "211" or 877-211-6277
 TTY: 617-536-5872 Spanish Service available.

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